

Final Lady Bear Twilight Meet Schedule

Friday, April 19th 2019

Field Events

2:30pm	Long Jump
2:30pm	Javelin Throw
3:00pm	Hammer Throw
3:00pm	Pole Vault
4:00pm	Triple Jump
4:00pm	High Jump
4:00pm	Shot Put
5:00pm	Discus Throw

Running Events

(Will not roll schedule)

	4x800 Meter Relay
3:00 p.m.	3000 Meter Steeplechase
3:20 p.m.	4x100 Meter Relay
3:30 p.m.	1500 Meter Run
3:50 p.m.	100 Meter Hurdles
4:05 p.m.	400 Meter Dash
4:20 p.m.	100 Meter Dash
4:30 p.m.	800 Meter Run
4:50 p.m.	400 Meter Hurdles
5:10 p.m.	200 Meter Dash
5:25 p.m.	5000 Meter Run
5:55 p.m.	4x400 Meter Relay

