



8/31/2022 VOLUME 3, ISSUE 2

CSP FOOTBALL WEEKLY



We didn't achieve the desired outcome in the home opener against #25 ranked Augustana, losing 28-14. However, I was happy of the amount of strain our team demonstrated. The atmosphere was electric, new wind screen around the stadium, tailgating, music, and an engaged crowd made for a fun and improved environment.

One of our standards is to respond positively to adversity, which I saw our team demonstrate. We have a phrase, "So what, now what?" We recognize the event, but our focus is on our next thought & response. I did not witness our players hanging there head or losing faith, but saw and heard positive responses to the consequences of the game. We also maintained disciplined, committing just 3 penalties on the night.

After reviewing the game, I was impressed with the effort our guys showed. Giving great effort benefits both the team and the person who is giving it. It not only helps the team, but themselves in the process. The most successful teams have teammates to who give effort and "take strain" from their teammates, sacrificing for one another. It was great to see so many guys reacting in this way.

Go Bears!

Coach C.

LEADERSHIP

One of the key elements of "Building on the Rock," and having a successful college football program is leadership. Successful leaders dictate so many of the important intangible factors that influence winning. Teammates often times rise or fall to the level of our team leaders.

"Talent is important. But the single most important ingredient after you get the talent is internal leadership. It's not the coaches as much as one single person or people on the team who set higher standards that that team would normally set for itself." Mike Krzyzewski - Duke Basketball

Last week we shared the standards our team has set and our program's mission. Great leaders accomplish our mission and take care of their teammates. Our mission is to develop a championship culture, emphasizing the holistic development of the mind, body and spirit. Leadership is defined as influence - a leader has the desire and ability to use that influence on those around them.

We have 12 leaders on the council (shown on the next page). After last season, our staff and team executed an extensive process to determine the 12 members. All interested leaders had to apply. After individual meetings with all team members to obtain information about our strongest leaders, our staff interviewed applicants. We provided them various scenarios, situations that we have seen arise within our program. We selected the young men that we believed demonstrated the consistency to meet standards and help teammates do the same.

Prior of the season, we held a draft where each player on the council drafted their teams. We used a snake draft and drafted by position. The oldest leader had the #1 pick and the youngest had the 12th & 13th picks. After one position was completed, we went to the next position group. This process ensured that we have diverse teams, including players from different positions and classes.

Each leader oversees about 10-11 players. We also have a group of young men that are in our "Development Leadership Group." These are some of our younger leaders that aspire to have greater leadership roles on the team and are in training to become more influential team leaders.

Each leader is responsible for everything that happens or fails to happen within their teams. They must take care of their team members (i.e. invest in their growth), inspire them and help them demonstrate expected behaviors of our team and program. If a team member has a problem being on time, it's up to the that leader to find a solution. Leaders maximize their influence through both, their actions, and communication.

Finally, we want our leaders to be kind. Nice is saying, "great job." Kind is demanding the highest standard our of ourselves first and then our teammates. The greater the adversity, the softer should be our tone. Screaming is not holding a teammate accountable. Telling a teammate that their attention to detail, hard work, punctuality, or great hustle, is more likely to reinforce the behaviors that we want.

The standard we walk past is the new standard that we set.

#BUILDINGONThEROCK

LEADERSHIP COUNCIL

Rhett Sheehan



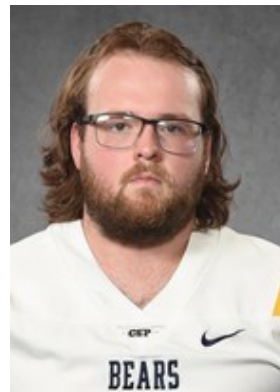
Connor Cordts



Luke Dunsmoor



Sam Marshalek



Nathan Gimza



Mel Jeudy



Jack Munsterteiger



Karson Vigeland



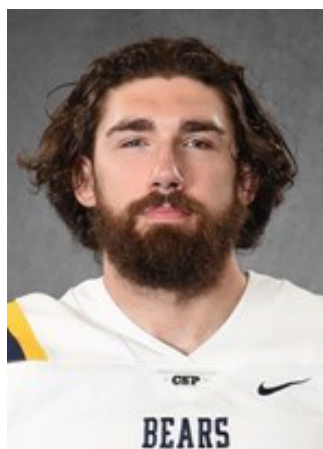
Davaris Cheeks



Carter Otto



Connor Weiss



Kahlil Robinson



PLAYERS OF THE WEEK-WEEK 1 - AUGUSTANA

EACH WEEK THE CSP COACHING STAFF SELECTS PLAYERS OF THE WEEK. THEY ARE SELECTED BASED ON FILM REVIEW, DEMONSTRATED EXCELLENCE IN PLAY, GAME PERFORMANCE EVALUATION, AND THEIR IMPACT ON THAT PARTICULAR GAME. JUST AS IMPORTANT ARE THE SCOUT PLAYERS OF THE WEEK. THESE YOUNG MEN PREPARE OUR GAME DAY PERFORMERS FOR THE UPCOMING OPPONENT. THIS IS PARAMOUNT TO OUR TEAM'S SUCCESS. THE HOG OF THE WEEK AND D-LINE PLAYER OF THE WEEK ARE HIGHLIGHTED BECAUSE OF THEIR POSITION'S IMPORTANCE TO THE END GOAL... WINNING FOOTBALL GAMES. THE LIFTER OF THE WEEK IS A YOUNG MAN THAT DEMONSTRATES HIS UNDERSTANDING OF THE IMPORTANCE OF THE OFF-FIELD WORK NECESSARY FOR ONE TO BE AT THEIR VERY BEST.

ADAM KELBRANTS - FR - LB

*MINNEAPOLIS SOUTH HIGH SCHOOL,
MINNEAPOLIS, MN*

PATRICK CATES - FR - DB

VICTORIA WEST HIGH SCHOOL, VICTORIA, TX

SCOUT SPECIAL TEAMS PLAYER OF THE WEEK



SCOUT DEFENSIVE PLAYER OF THE WEEK



REED STYER - FR- QB

MENOMONIE HIGH SCHOOL, MENOMNIE, WI

GAYFLOR FLOMO - JR - RB

TOTINO-GRACE HIGH SCHOOL, FRIDLEY, MN

OFFENSIVE SCOUT PLAYER OF THE WEEK



SPECIAL TEAMS PLAYER OF THE WEEK



CYRUS MCCLURE - SO - DB

CARROLLTON HIGH SCHOOL, CARROLLTON, GA

DEFFENSIVE PLAYER OF THE WEEK



JAYLIN RICHARDSON - SO - RB

FL SCHLAGLE HIGH SCHOOL, KANAS CITY, KA

OFFENSIVE PLAYER OF THE WEEK



TAYLIN HENSLEY - SO - OL

BURLIGHTON HIGH SCHOOL, BURLINGTON, WI

HOG OF THE WEEK



GAME CAPTAINS - CSP VS. SMSU

**Rhett Sheehan - SR #5 DB 6'0"
190 LBS**

MENOMONIE HIGH SCHOOL - MENOMONIE, WI



**Jaylin Richardson - SO #1 RB
6'0" 205 LBS**

*FL SCHLAGLE HIGH SCHOOL - KANAS CITY,
KA*



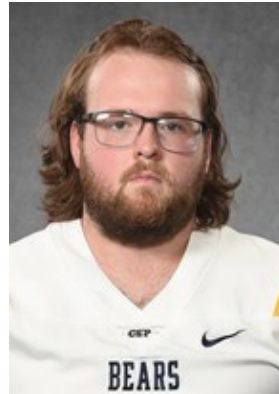
**Davaris Cheeks - SO #26 DB
6'2" 185 LBS**

WEST AURORA HIGH SCHOOL - AURORA, IL



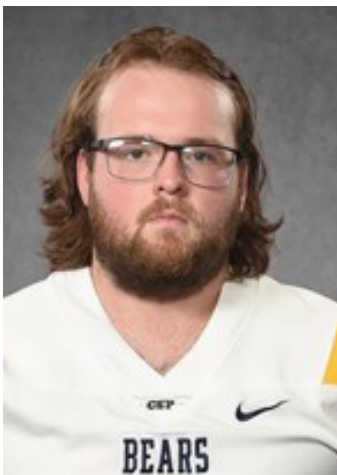
**Sam Marshalek - SR #71 OL
6'3" 300 LBS**

WEST DE PERE HIGH SCHOOL - DE PERE, WI



PLAYER SPOTLIGHT- Sam Marshalek SR - #71 6'3" 300LBS

This week's Player Spotlight is Sam Marshalek. Sam is in his fifth year with the Concordia football program and enters his 2nd year starting for the Golden Bear Offensive Line. Sam has 14 career starts for the Golden Bears earning NSIC All-Academic team of excellence honors in the 2021 season.



Sam comes to Concordia from De Pere, Wisconsin. Sam is the son of David Marshalek and Angela Marshalek. Sam is a biology major here at Concordia with an end goal of being a nurse practitioner.

Sam came to Concordia because he felt a great connection with the coaching staff and had great educational opportunities to meet his career goal in the medical field. Sam also loves being in the Twin Cities because of the great food and entertainment that the city provides.

Sam's favorite memory of his college career so far is his first start vs. Wayne State in 2019. For the 2022 season Sam has a goal of seeing himself and the team get better every single week with the end goal being to win the NSIC north division.

Thank you Sam for everything you have done for **Golden Bear** Football!



WHERE IS HE NOW?

ETHAN AUNE

Former Golden Bear, Ethan Aune, played for CSP from 2016-2020. He was a graduate of Highland Park High School right down the road. Ethan started as a true freshman on the offensive line and was a member of the NSIC All-Academic Team.

Ethan's favorite memory while playing at CSP was his final experience at Camp Ripley. Camp Ripley is a military camp where our team stays for the first week of camp to work on football as well as team building and mental toughness activities.

Ethan decided to attend and play football at CSP because of the location and the opportunities you have in the Twin Cities. "It is exactly what you make of it." He enjoyed the small school feel in the classroom paired with the larger than life city experience. "It is the best of both worlds."

Ethan graduated with a degree in Exercise Science and an MBA after deciding to GA for the Golden Bear offense from 2020-2022. He is currently the Offensive Line Coach at Waldorf College in Iowa.

EXTRA POINTS

WATCH ONLINE – NSIC NETWORK

All Golden Bear NSIC football games will be available to watch online, free of charge, powered by the NSIC Network, and supported by BlueFrame Technology.

Visit nsicnetwork.com/cspbears on a laptop or desktop computer, download the NSIC Network app on your mobile device or watch on your supported OTT provider such as Roku, Apple TV, Amazon Fire TV and Android TV.



Season Schedule

9-1 6:30pm vs. Augustana (S.D.) (L 28-14)

10-15 12:00pm vs. Minnesota Duluth

9-10 5:30pm at Southwest St.

10-22 6pm at Northern State

9-17 12pm vs. Sioux Falls

10-29 12:00pm vs. UMary

9-24 6pm at Wayne St. (NE)

11-6 12pm at MSU Moorhead

**10-1 12:00 vs. Minnesota State
(Homecoming)**

11-13 12pm vs. Minot State

10-8 12pm at Bemidji State



1 C CLUB GIFT

Your C Club gift assists CSP in providing a life-changing experience for our student-athletes, allowing them to compete at the NCAA Division II level while also earning a relevant degree that will serve them for years to come. Designate your gift to Football at: one.csp.edu/c-club

2 LOCKER ROOM PROJECT

Are you interested in fully sponsoring a locker? Full locker sponsorship is \$1,500 and can be submitted now or split into monthly payments
one.csp.edu/flocker

3 SCHOLARSHIP DESIGNATIONS

Beau W. Doyle Annual Scholarship | Russell Gary Memorial Scholarship | Milbrath Football Endowment
Visit one.csp.edu/give and complete the credit card information.
Please indicate in the comment field which scholarship you would like to support.
Make your check payable to Concordia University, St. Paul and specify the scholarship you would like to support.

Address:
Concordia University - Advancement
Lockbox 446005
P.O. Box 64062
St. Paul, MN 55164-0062

***Double your impact! Check if your employer matches gifts by visiting one.csp.edu/employermatch for more information.



Touchdown Club!

The TD Club includes people that are pledging dollars for every touchdown the Golden Bears score. If you would like to join the TD Club, set up your pledge here: one.csp.edu/pledge. After game one, we have 2 touchdowns. We need more to come our way!

Program Needs

- Player Developmental programming / Mental & Emotional Health Training
- Motorized pop-up dummies
- Updated video equipment
- Communication Platforms

Twitter: @CSPBearsFB

Facebook:

<https://www.facebook.com/ConcordiaStPaulGoldenBearsFootball/>

Instagram: @cspgoldenbearfootball

Website: <https://cspbears.com/sports/football>

#CSP #RED #GB4L #BUILDINGONTHEROCK