

EDITION 1 ISSUE 6 OCTOBER 12 2018

## INSIDE THE HUDDLE

### WITH COACH CURRIER



The Golden Bears were unable to come away victorious in the homecoming game vs. Northern State. The Bears were in NSU's red zone five times, coming up with three touchdowns. Concordia also doubled-up NSU on sacks, 4-to-2 and had a 5-to-2 margin in tackles for loss. Offensively, the team racked up 494 yards of total offense, had a twelve minute time of possession edge, converted 8-of-12 on third down, but the 6 turnovers proved too much to overcome.

It was important that we had the appropriate responses this week after losing a game that statistically we dominated. We use an equation with our team: *Outcome* (homecoming loss) + Response = Desired Outcome (great performance this week). Our leaders responded well with numerous examples of encouragement and positive

interactions with their teammates. Practices that are filled with competition makes the grind more enjoyable for our guys.

One of the main pillars of *Building on the Rock* is Leadership Development. The program is committed to improving leadership skills for the coaching staff and players. Having effective leaders are essential to a team's success. Effective team leaders ensure; high standards and a strong work ethic, appropriate responses to adversity, a winning culture, the pulse of the team, and management of conflicts. They provide insights that will allow for the best possible college football experience for all student-athletes.

"Leadership isn't a difference maker, it's THE difference maker." - Urban Meyer

#### COACHES LEADERSHIP DEVELOPMENT

In the fall of 2017, our staff began its 3D coaching leadership development journey. This program, offered through FCA (The Fellowship of Christian Athletes), is a course designed to help coaches become transformational in their coaching by fulfilling their Transformational Purpose. We have been learning to coach our young men in all three dimensions (body, mind, and heart) from a faith-based perspective.

Ron Backes, staff member of FCA's coaches ministry, has dedicated time every Friday morning to lead our 3D lesson and bible study. The program has been beneficial as it provides an opportunity for our coaches to re energize and stay focused to what college coaching is all about, the student-athletes. A main focus for the coaching staff is to prepare the young men for life after football. Our hope is that once they leave our program they become successful, well-rounded, educated members of society.

3D coaching incorporates scripture and the discussion that surrounds it, and becomes the glue that continues to galvanize our coaching staff. Loving our players, and teaching them to love their teammates is at the foundation of being a third dimensional coach. We have learned different coaching strategies that are

effective ways to reach our diverse group of student-athletes. As a 3D coach, I realize the power of the coaching platform to inspire, motivate, and produce positive change in my sphere of influence.

#### PLAYER LEADERSHIP DEVELOPMENT

Our coaches have the opportunity to lead the team during practice sessions, team meetings and games. But, peer to peer leadership is just as valuable, as it allows team members the opportunity to educate, motivate, and positively affect their teammates on and off the field. The program has incorporated several areas to assist in developing leaders on the team.



We have used guides to assist in our leadership training, which include "The Team Captain's Leadership Manual," Jeff Janssen; "The Teammate's Accountability Manual," Jeff Janssen; and "The Speed of Trust," Stephen Covey. The Leadership Council reads a chapter in a week's time and then we discuss how the content can be applied the following week.

### **Leadership Council -**

The Leadership Council's purpose is to assist the coaches in creating a culture that will positively impact our team. The group comprises 17 players that the coaching staff selected to lead the team. Through time and action, these young men have demonstrated the biggest influence on the program. Each position group and class is represented on the council. The group has the opportunity to learn valuable leadership skills, participate in the decision-making process, and be the voice for all players.

Weekly meetings occur to ensure the staff and leadership of the team are committed to upholding the same standards as the coaching staff, the way we do our business. During these meetings, problems are identified, appropriate resolutions are determined, and discussions occur around enhancing the football experience on and off the field.

Additionally, we assign an assistant coach to be a mentor to each Leadership Council member. An offensive coach mentors a defensive leader and a defensive coach mentors an offensive player. This crossover assists in building a stronger bond with our players, Further, players recognize that all coaches support them, not just their position coach. The coach provides guidance and feedback that comes from a different perspective.

"The key is getting the players to buy in to the culture and philosophy that you as a staff feel is essential for growth and success. To do that, you need to create at atmosphere of ownership for the players. A player-coached team is always better than a coach-coached team." - Tom Izzo

### **Team Competition -**

We put our leaders into action through our team competition program. The 17 players on the leadership council use a draft system to select members for their "team" in which they will oversee throughout the season. The objective is for the leader to influence his 6-7 member team to win the competition. The team competition enhances our players experience and teaches our selected leaders to make it happen! If you want to win badly enough, you will find a way to influence your team to earn points.

The leaders' responsibility is to influence his teammates to do the right thing. Teams obtain points for academic success, player of the week recognition, winning performances on game day, leaders of the week, community service hours, meeting career placement objectives, and other competitions we hold throughout the season. Contrary to earning points, teams can also lose points for team members being late to mandatory functions (class, strength & conditioning, meetings, etc.). As coaches we then can hold the leaders accountable for the production of their team.

The competition is underway and runs through Monday, November 26th, a few days prior of our 2018 CSP Football Banquet. The winning team is then awarded and highlighted at the banquet.

"The single most important ingredient after you get the talent is internal leadership. It's not the coaches as much as one single person or people on the team who set higher standards than that team would normally set itself." Mike Krzyzewski

### Coach C

## PLAYER SPOTLIGHT

#### JONAS SCHENDERLEIN



Jonas Schenderlein is a business management major with double minors in accounting and finance. His future career goal is to make it to the NFL and become an international businessman.

Jonas is from Jena, Germany where he has two siblings. His younger brother attends an elite high school for basketball and his older sister is a teacher. His father and godfather have been instrumental throughout his life. They have shown him that work should never take over the major part of your life. They have taught him to focus enjoying the world with your family

and friends.

A quote that has inspired Jonas is, "If you fight you can lose, but if you don't fight you have already lost." He stated that "if you want to get anywhere in life you will have to work hard to accomplish your goals. Life is not perfect and failure is normal. The only way to have a chance to succeed is if you try."

Fun Fact about Jonas: He owns all of David Hasselhoff's albums and has a signed concert tour poster.

## WHERE IS HE NOW?

### **ANDY BICEK**

Former Comet and Golden Bear Andy Bicek, played for CSP from 1993-1996. On the gridiron Bicek was a 2 year UMAC All Conference performer at Defensive Lineman. Andy was a Captain for the football team in 1996 and an NAIA

All American Scholar Athlete in both 1995 and 1996. His best memory at CSP was beating Northwestern in his final game at the Metrodome.

Kevin met his wife Alison while attending CSP. They have been married for 21 years and have 2 boys Eli (17) and Simon (11). Andy is a Senior Manager of Research and Development at Boston Scientific where he designs coronary stents for those who suffer blockages in the arteries. His experience here at CSP helped him learn how to set goals, work towards those goals, and ultimately achieve them. He also learned the

importance of maintaining strong relationships and values spending time with his family and friends.

## PLAYERS OF THE WEEK - CSP VS. WAYNE STATE



OFFENSIVE PLAYER OF THE GAME
MJ WILLIAMS-JR.
WR #6



DEFENSIVE PLAYER OF THE GAME CHRIS GARRETT-SO. DE #52



HOG OF THE GAME RICK KELLY – JR. OL #70



DEFENSIVE LINE PLAYER
OF THE GAME
KELLY PIERCE-JR.
DLM #53



SPECIAL TEAMS PLAYER OF THE GAME EMANUEL JONES -SR. RB #15



DEFENSIVE SCOUT
PLAYER OF THE WEEK
JAKE RAJALA- FR.
LB #54



OFFENSIVE SCOUT PLAYER
OF THE WEEK
TJ HENDRICKSON – FR.
WR #84



SPECIAL TEAMS SCOUT
PLAYER OF THE WEEK
CHANDLER DAHLQUISTFR.
LB #40



LIFTER OF THE WEEK PEYTON NIGRO- FR. DB #34

Each week the CSP coaching staff selects players of the week. The Players of the Game are selected based on film review, demonstrated excellence in play, their game performance evaluation, and their impact on that particular game. As important are the Scout Players of the Week. These young men prepare our game day performers for the upcoming opponent, which is paramount to our team's success. The Hog of the Week and D-Line player of the week are highlighted because of their position's importance to winning football games. The Lifter of the Week is a young man that demonstrates his understanding of the importance of the off-field work necessary for one to be at their very best.

# GAME CAPTAINS - CSP VS. U-MARY



KELLY PIERCE - JR. DLM # 53



CHRIS GARRETT - SO. DE #52



RICK KELLY- JR. OLM #70



JOHN DAMROW- SR. TE #87

## **EXTRA POINTS**

### **SAVE THE DATE**

The year end Banquet is scheduled for Friday November 30, 2018. Details will follow soon.

### RAFFLE TICKET FUNDRAISER

The golden ticket footfall raffle will run now through November 26th. Each player is being asked to sell 20 tickets. Each ticket is \$10.00 OR 3 for \$25.00 Proceeds from the fundraiser goes towards the costs for the year end banquet, recognition awards and senior gifts.

# **2018 GAME SCHEDULE**

8-30	7 pm	at	Sioux Falls	L (27-24)	10-13	2 pm	at	<b>U-Mary</b>
9-8	12pm	vs	Upper Iowa	W (34-7)	10-20	12pm	vs	MN Crookston
9-15	1pm	at	Minnesota State	L (46-7)	10-27	12pm	vs	Augustana
9-20	6pm	vs	Wayne State	W (29-7)	11-3	1pm	at	SMSU
9-29	1pm	at	MN Duluth	L (32-3)	11-10	1pm	at	Winona
10-6	12pm	vs	Northern State	L (35-28)				

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### TOUCHDOWN CLUB UPDATE

WEEK 1- 3 TD'S WEEK 2- 4 TD'S WEEK 3- 2 TD'S WEEK 4- 3 TD'S WEEK 5- 0 TD'S WEEK 6- 4 TD's

